SOUTHERN REGIONAL HIGH SCHOOL

MEAL TICKETS MAY BE PURCHASED IN ADVANCE AVAILABLE DAILY: ASST, FRUITS, VEGETABLE, WG BREAD, CHOICE OF 1% or FF FLAVORED MILK

| Lunch: \$2.95 Premium: \$3.40 | Monday 3/25 | s, vegerable, w Tuesday 3/26 | Wednesday 3/27 | Thursday 3/28 | Friday 3/29 |
|----------------------------------|---|--|--|--|--|
| FAVORITES | Mozzarella Sticks w/ Marinara | Chicken Sticks w/ Tortilla Chips Potato Wedges | Pancakes Sausage & Egg Breakfast | Chicken & Broccoli Lo Mein w/ Mini Egg Roll | Chicken Wing Bar |
| | Glazed Carrots Spinach Salad Fruit 1% or FF Milk | Golden Corn Spinach Salad Fruit 1% or FF Milk | Home Fries Seasoned Broccoli Spinach Salad Fruit 1% or FF Milk | BBQ Baked Beans Spinach Salad Fruit 1% or FF Milk | Green Beans Spinach Salad Fruit 1% or FF Milk |
| GRILL | Chicken Patty Parmesan Hamburgers Cheeseburger | Ham & Cheese Bagel Hamburgers Cheeseburger | Buffalo Chicken Patty Hamburger Cheeseburger | Rib-a Que Sandwich Hamburger Ram Burger | Chicken Patty Hamburger Cheeseburger Meatball Sub |
| | Glazed Carrots Spinach Salad Fruit 1% or FF Milk | Golden Corn Spinach Salad Fruit 1% or FF Milk | Seasoned Broccoli Spinach Salad Fruit 1% or FF Milk | BBQ Baked Beans Spinach Salad Fruit 1% or FF Milk | Green Beans Spinach Salad Fruit 1% or FF Milk |
| PIZZA | Pepperoni Pizza Cheese Pizza Glazed Carrots | Buffalo Chicken Pizza Cheese Pizza Golden Corn | White Pizza Cheese Pizza BBQ Chicken Pizza | Cheese Pizza Pepperoni Pizza | Vegetable Pizza Cheese Pizza Meat Lovers Pizza |
| | Spinach Salad Fruit 1% or FF Milk | Spinach Salad Fruit 1% or FF Milk | Seasoned Broccoli Spinach Salad Fruit 1% or FF Milk | BBQ Baked Beans Spinach Salad Fruit 1% or FF Milk | Green Beans Spinach Salad Fruit 1% or FF Milk |
| PASTA | Macaroni & Cheese w/ Dinner Roll | French Bread Pizza | Pasta & Meatballs w/ Garlic Bread | Stromboli | Baked Ziti w/ Garlic Bread |
| | Glazed Carrots Spinach Salad Fruit 1% or FF Milk | Golden Corn Spinach Salad Fruit 1% or FF Milk | Seasoned Broccoli Spinach Salad Fruit 1% or FF Milk | BBQ Baked Beans Spinach Salad Fruit 1% or FF Milk | Green Beans Spinach Salad Fruit 1% or FF Milk |
| SANDWICHES | Wraps & Sandwiches WG Bread Or | Wraps & Sandwiches WG Bread Or | Wraps & Sandwiches WG Bread Or | Wraps & Sandwiches WG Bread Or | Wraps & Sandwiches WG Bread Or |
| | WG Hoagie Roll Glazed Carrots Spinach Salad Fruit 1% or FF Milk | WG Hoagie Roll Golden Corn Spinach Salad Fruit 1% or FF Milk | WG Hoagie Roll Seasoned Broccoli Spinach Salad Fruit 1% or FF Milk | WG Hoagie Roll BBQ Baked Beans Spinach Salad Fruit 1% or FF Milk | WG Hoagie Roll Green Beans Spinach Salad Fruit 1% or FF Milk |
| SALAD BAR | Salad Bar \$3.40 Adults | Salad Bar \$3.40 Adults | Salad Bar \$3.40 Adults | Salad Bar \$3.40 Adults | Salad Bar \$3.40 Adults |
| | \$3.95 per lb. | \$3.95 per lb. | \$3.95 per lb. Dinner Roll | \$3.95 per lb. | \$3.95 per lb. |
| | Dinner Roll <u>Boxed Lunch:</u> <u>Hummus w/</u> <u>Veggies</u> | Dinner Roll <u>Boxed Lunch:</u> <u>Cheese &</u> <u>Crackers</u> | Dinner Roll <u>Boxed Lunch:</u> <u>Hummus w/</u> <u>Veggies</u> | Dinner Roll <u>Boxed Lunch:</u> <u>Cheese &</u> <u>Crackers</u> | Dinner Roll <u>Boxed Lunch:</u> <u>Hummus w/</u> <u>Veggies</u> |
| | STUDENT LUNCH \$2.95 - PREMIUM LUNCH \$3.40 | | | | |

CAFETERIA MANAGER: 11/12 Debbie Exel ext. 4419 Menu Subject to Change